

AUTUMN GLOW, OPERATED BY THE SELF-HELP FOR THE ELDERLY, IS A 24-HOUR RESIDENTIAL BOARD AND CARE FACILITY LOCATED IN THE HAYES VALLEY DISTRICT OF SAN FRANCISCO. THIS VICTORIAN HOUSE WITH NINE-ROOM / FIFTEEN-BED FACILITY PROVIDES ASSISTED LIVING SERVICES FOR SENIORS AGE OVER 60 AND AFFLICTED WITH ALZHEIMER'S DISEASE AND RELATED DEMENTIA. ALL RESIDENTS WHO ARE WITHIN HUD LOW INCOME CRITERIA CAN RECEIVE HUD RENTAL ASSISTANCE.



In addition to the special design floor plan in AUTUMN GLOW, a comprehensive range of services and amenities are offered for one fixed monthly fee including:

- Professional trained staff especially in dementia care
- Assistance with daily living activities such as bathing, grooming, dressing and transferring
- 24-hour emergency response system
- Special care on incontinence
- Individually designed personal care plan
- Medication management
- Close communication with physicians and pharmacies
- Full housekeeping and laundry
- Multi-lingual staff including several Chinese dialects
- Three nutritious meals a day, light snacks and refreshments
- Wide range of daily activities and programs



AUTUMN GLOW has three private bedrooms and six semi-private bedrooms in a two story high Victoria building. It also consists of a decent activities/dining room in the basement, cozy sitting common area on each floor and a spacious roof top garden. The facility accommodates both ambulatory and non-ambulatory residents. The building is convenient with public transportation and easy to find street parking. The location is close to Japan Town, San Francisco City Hall and Opera House etc.

MISSION STATEMENT

Self-Help for the Elderly (SHE) strives to promote the independence, dignity and self-worth of seniors. We achieve this mission by providing a comprehensive range of multicultural and multilingual services to empower seniors to help themselves.

Self-Help for the Elderly has been operating quality assisted living facilities for seniors for over 20 years, and currently operated two facilities. AUTUMN GLOW in San Francisco has served seniors with Alzheimer's, Parkinson's or Multi-infarct dementia since June 2001. KWOK YUEN ASSISTED LIVING, in San Jose has served seniors 60+ years since March 2008.



Inquiry on AUTUMN GLOW for vacancy and schedule for a tour, please call (415) 934-1622. For more information please visit www.selfhelpelderly.org/services/

