



Self-Help for the Elderly presents

SEISMIC SAFETY OUTREACH PROGRAM

Curriculum

1. Personal Preparedness
2. Response and Recovery
3. Earthquake Mitigation
4. Fire Safety
5. Basic First Aid and Hands-only CPR

** Receive a **Graduation Gift** after completion of the course!**



ACT NOW!

BE PREPARED FOR DISASTER & EMERGENCY!



Yicheng Wu at 1-415-677-7527 for additional information.



SSOP is funded by San Francisco's
Department of Building Inspection.



**Self-Help for
the Elderly**
安老自助處

Seismic Safety Outreach Program

地震安全外展項目

Workshops	Language Provided 提供語言	Location 地址	Month 月份
1	English 英文 Español 西班牙語 Tagalog 菲律賓話	Mission YMCA	June 六月
2	Chinese 中文 English 英文	First United Presbyterian Church	June 六月
3	Chinese 中文 English 英文	North Beach Branch Library	June 六月
4	English 英文	Excelsior Branch Library	July 七月
5	Chinese 中文	Excelsior Family Connection	July 七月
6	Español 西班牙語	Excelsior Family Connection	July 七月

Please Contact Yicheng Wu at 1-415-677-7527 for additional information or sign up!

如需登記或查詢詳情，請致電聯絡吳小姐 1-415-677-7527！