



Self-Help for the Elderly presents

SEISMIC SAFETY OUTREACH PROGRAM

Curriculum

1. Personal Preparedness
2. Response and Recovery
3. Earthquake Mitigation
4. Fire Safety
5. Basic First Aid and Hands-only CPR

** Receive a **Graduation Gift** after completion of the course!**



ACT NOW!

BE PREPARED FOR DISASTER & EMERGENCY!



Yicheng Wu at 1-415-677-7527 for additional information.



SSOP is funded by San Francisco's
Department of Building Inspection.



**Self-Help for
the Elderly**
安老自助處

Seismic Safety Outreach Program

地震安全外展項目

Workshops	Language Provided 提供語言	Location 地址	Month 月份
1	English 英文	Valencia Gardens	July 七月
2	Chinese 中文	Valencia Gardens	July 七月
3	Español 西班牙語	Valencia Gardens	July 七月
4	English 英文 Español 西班牙語	30 th Street Senior Center	July 七月
5	English 英文	Excelsior Branch Library	July 七月
6	Chinese 中文	Excelsior Family Connection	July 七月
7	Español 西班牙語	Excelsior Family Connection	July 七月
8	English 英文	Asian Law Caucus Workshops	July 七月
9	English 英文	The Coronet Resource Center	August 八月
10	Chinese 中文	The Coronet Resource Center	August 八月
11	English 英文	Cayuga Community Connector	August 八月

Please Contact Yicheng Wu at 1-415-677-7527 for additional information or sign up!

如需登記或查詢詳情，請致電聯絡吳小姐 1-415-677-7527！