

Custodial Training

108-hour classroom and hands-on training to help you get started in Commercial Cleaning!



This training prepares for entry-level employment as a Custodian in commercial settings.

12-week classroom and hands-on practice:

- Fundamentals of equipment, chemical and personal safety
- Use of appropriate cleaning or maintenance equipment and supplies
- Proper handling of diverse chemicals
- Vocational English as a Second Language

Training provided by City College of San Francisco

AFTER THE PROGRAM

Receive a 108-hour State-Recognized Certificate upon completion.

Career Advisors are ready to help you on job search and career planning.

CAREER OPPORTUNITIES

- Janitor in commercial facilities
- Custodian in government agencies
- Housekeeping Aide in hospitals and medical centers

Eligibility

- English ESL level 4 or above
- Able to lift and carry up to 50 lbs.
- Full availability to attend the 4-month training

Contact Us Today!

- Contact us at 415-677-7500 or CNAP@selfhelpelderly.org to schedule an orientation session
- Meet with us to determine eligibility
- Next training cohort dates:
08/30/2022 – 11/17/2022
Tue. & Thur. 1:30PM – 6:00PM
Wed. 1:30PM – 4:30PM

Job Center Resources

- Job Preparation Workshops
- Job Placement Assistance
- Trainings & Certifications
- Networking
- Supportive Services

Chinatown Neighborhood Access Point
Self Help for the Elderly
601 Jackson Street, Ground Floor (at Kearny Street)
San Francisco, CA 94133
Phone: (415) 677-7500 | CNAP@selfhelpelderly.org



商務清潔培訓

108 個小時的課堂和實踐培訓助你開展商務清潔！



這個培訓為有意投身初級商務清潔工作的人做準備

12周的課堂和實踐練習包括：

- 設備，化學品和人身安全基本知識
- 使用適當的清潔，維護設備和用品
- 正確處理不同化學品
- 職業英文作為第二語言

培訓由三藩市市立大學提供

培訓過後

- 完成後將會收到政府認可的108個小時的證書
- 職業顧問將協助你找工作和做職業計劃

就業機會

- 商務清潔工
- 政府機構的清潔工
- 醫院和醫療中心的清潔工

資格

- 英語4級或以上
- 能提起最高50磅重物
- 能完成為期4個月的培訓

聯係我們

- 請致電(415) 677-7500或電郵到 CNAP@selfhelpelderly.org 預約簡介會
- 和我們見面確認是否符合資格
- 下一次培訓的時間：
08/30/2022 – 11/17/2022
星期二 & 星期四 1:30PM – 6:00PM
周三 1:30PM– 4:30PM

一站式就業中心其他資源

- 就職培訓工作坊
- 就業援助
- 培訓班和證書
- 上網
- 支援服務