



# Aging and Disability Resource Centers of San Francisco

Aging and Disability Resource Centers (ADRCs) offer the general public free information and assistance on issues affecting older people and people with disabilities, regardless of income.

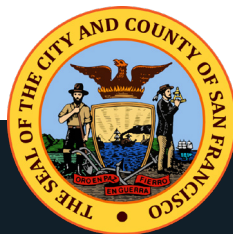
Information and referral services include:

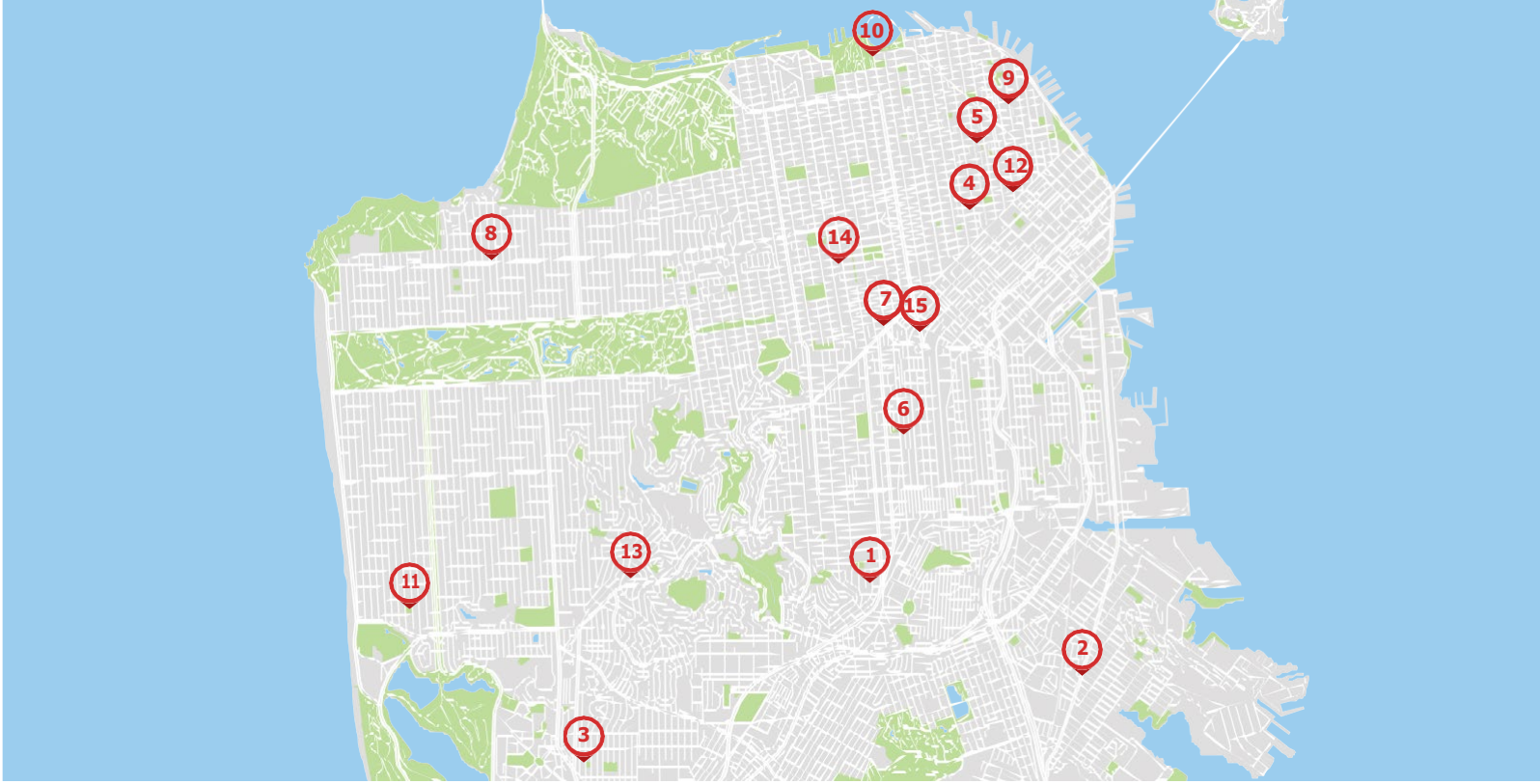
- Housing & Shelter
- Translation
- Benefits
- Transportation
- Food & Nutrition
- In-Home Care
- Health & Wellness
- LGBT Programs/Services
- Caregiver Assistance/Support
- Other community resources



SAN FRANCISCO HUMAN SERVICES AGENCY  
**Department of Disability  
and Aging Services**

For more information, call or visit one of our sites (contact information and map listed on reverse) or contact the DAS Benefits and Resource Hub at **415-355-6700**. All numbers listed have English capacity.





# Aging and Disability Resource Centers of San Francisco Locations

- 1. **30th Street Senior Center:** 225 30th Street, 3rd Floor, San Francisco, 94131  
Spanish and Chinese 415.550.2221 | 415.550.2225
- 2. **Bayview Senior Connections:** 1753 Carroll Avenue, San Francisco, 94124  
Chinese (M, W mornings) 415.647.5353 | Samoan 415.647.5353
- 3. **Catholic Charities-OMI Senior Center:** 65 Beverly Street, San Francisco, 94132  
415.334.5558 |415.334.5550|English,Chinese, Tagalog
- 4. **Downtown San Francisco Senior Center:** 481 O'Farrell Street, San Francisco, 94102  
Chinese 415.202.2983 | 415.202.2982
- 5. **Geen Mun Activity Center:** 777 Stockton Street, San Francisco, 94108  
Chinese 415.438.9804
- 6. **Mission Neighborhood Centers:** 362 Capp Street, San Francisco, 94110  
Spanish, Chinese and Russian 415.653.5750
- 7. **Openhouse:** 65 Laguna Street, San Francisco, 94114  
English only 415.347.8509
- 8. **Richmond Senior Center:** 6221 Geary Boulevard, 3rd Floor, San Francisco, 94121  
Russian 415.404.2938 | Chinese 415.405.4672
- 9. **Self Help for the Elderly - Main Office:** 601 Jackson Street, Basement, San Francisco, 94133  
Chinese 415.677.7585 | Vietnamese 415.677.7600
- 10. **SFSC Aquatic Park Center:** 890 Beach Street, San Francisco, 94109  
Chinese 415.202.2983 | 415.202.2982
- 11. **South Sunset Activity Center:** 2601 40th Avenue, San Francisco, 94116  
Chinese 415.566.2845
- 12. **Toolworks - Main Office:** 25 Kearny Street, Suite 400, San Francisco, 94108  
ASL 415.733.0990x613
- 13. **West Portal Clubhouse:** 280 Claremont Blvd, San Francisco, 94127  
Chinese 628.502.0828
- 14. **Western Addition Senior Center:** 1390 1/2 Turk Street, San Francisco, 94115  
Chinese (T, TH - 10am-3pm) 415.921.7805
- 15. **DAS Benefits and Resource Hub** 2 Gough Street, San Francisco, 94103  
Chinese, Spanish, Tagalog, Japanese, and Vietnamese 415.355.6700  
Additional languages available via Language Line