Aging and Disability Resource Centers (ADRCs) offer the general public free information and assistance on issues affecting older people and people with disabilities, regardless of income.

Information and referral services include:

- Housing & Shelter
- Translation
- Benefits
- Transportation
- Food & Nutrition
- In-Home Care
- Health & Wellness
- LGBT Programs/Services
- Caregiver Assistance/Support
- Other community resources

For more information, call or visit one of our sites (contact information and map listed on reverse) or contact the DAS Benefits and Resource Hub at 415-355-6700. All numbers listed have English capacity.
Aging and Disability Resource Centers of San Francisco Locations

1. 30th Street Senior Center: 225 30th Street, 3rd Floor, San Francisco, 94131
   Spanish and Chinese 415.550.2221 | 415.550.2225

2. Bayview Senior Connections: 1753 Carroll Avenue, San Francisco, 94124
   Chinese (M, W mornings) 415.647.5353 | Samoan 415.647.5353

3. Catholic Charities–OMI Senior Center: 65 Beverly Street, San Francisco, 94132
   415.334.5558 | 415.334.5550 | English, Chinese, Tagalog

4. Downtown San Francisco Senior Center: 481 O’Farrell Street, San Francisco, 94102

5. Geen Mun Activity Center: 777 Stockton Street, San Francisco, 94108
   Chinese 415.438.9804

6. Mission Neighborhood Centers: 362 Capp Street, San Francisco, 94110
   Spanish, Chinese and Russian 415.653.5750

7. Openhouse: 65 Laguna Street, San Francisco, 94114
   English only 415.347.8509

8. Richmond Senior Center: 6221 Geary Boulevard, 3rd Floor, San Francisco, 94121
   Russian 415.404.2938 | Chinese 415.405.4672

   Chinese 415.677.7585 | Vietnamese 415.677.7600

10. SFSC Aquatic Park Center: 890 Beach Street, San Francisco, 94109

11. South Sunset Activity Center: 2601 40th Avenue, San Francisco, 94116
    Chinese 415.566.2845

12. Toolworks - Main Office: 25 Kearny Street, Suite 400, San Francisco, 94108
    ASL 415.733.0990 x 613

13. West Portal Clubhouse: 280 Claremont Blvd, San Francisco, 94127
    Chinese 628.502.0828

14. Western Addition Senior Center: 1390 1/2 Turk Street, San Francisco, 94115
    Chinese (T, TH - 10am-3pm) 415.921.7805

15. DAS Benefits and Resource Hub 2 Gough Street, San Francisco, 94103
    Chinese, Spanish, Tagalog, Japanese, and Vietnamese 415.355.6700
    Additional languages available via Language Line