



SF CONNECTED FREE COMPUTERS/公開的免費課程
-Classes are open to the public with limited seats during safely reopening-

Instructor	Language	Center	Time and Date
Ringo Kwok 郭老師	Cantonese(粵語) 教蘋果設備	Lady Shaw Senior Center (邵逸夫中心) 1483 Mason St, San Francisco, CA 94133	Every Wednesday: 10:30 AM - 1:00 PM 每星期三: 10:30 AM - 1:00 PM
Jun Liang 梁老師	English Mandarin (國語)	BHNC - Bernal Heights Neighborhood Center 515 Cortland Ave, San Francisco, CA 94110	Every Tuesday: 10:00 AM - 12:00 PM 每星期二: 10:00 AM - 12:00 PM
	Mandarin (國語)	ECC - Excelsior Community Center 4468 Mission St, San Francisco, CA 94112	Every Tuesday: 12:30 PM - 2:00 PM 每星期二: 12:30 PM - 2:00 PM
	Mandarin (國語)	Geneva Community Center 日內瓦康樂中心 5050 Mission Street, Suite C, San Francisco, CA 94112	Every Tuesday: 2:30 PM - 5:00 PM 每星期二: 2:30 PM - 5:00 PM
YingWen 文老師	Cantonese(粵語)	Mission Neighborhood Centers (CAPP) 362 Capp St, San Francisco, CA 94110	Every Monday: 1:00 PM - 3:00 PM 每星期一: 1:00 PM - 3:00 PM
	Cantonese(粵語)/ ENGLISH	Canon Kip Senior Center 705 Natoma St, San Francisco, CA 94103	Every 2nd & 4th Friday: 10:00 AM - 11:30 AM 每月的第二和第四個星期五: 10:00 AM - 11:30 AM
	Cantonese (粵語) Mandarin (國語)	Sunset Branch Library 1305 18th Ave, San Francisco, CA, 94122	Every 2nd & 4th Friday: 1:00 PM - 2:30 PM 每月的第二和第四個星期五: 1:00 PM - 2:30 PM Space is limited. Sign-ups start on the first of every month. Call 415-355-2808 to sign up 座位有限.需要預先登記.請每個月1号致電415-355-2808 登記.
John Nguyen	Vietnamese tiếng Việt	Curry Senior Center 315 Turk St, San Francisco, CA 94102	Every Friday: 1:00 PM - 3:00 PM Mỗi thứ sáu: 1:00 PM - 3:00 PM



SFHSA
**Department of Disability
and Aging Services**

For registration process using CN/EN/Vietnamese, please contact 415-781-9919 (voicemail available)

登記報名 · 請聯絡 415-781-9919 (可以留言) Scan QR code for PDF version-->

Để biết thêm thông tin chi tiết của lớp học vì tình,
xin liên lạc 415-781-9919 (có thể lưu thoại nếu máy bận)





Self-Help for the Elderly

安老自助處

SF CONNECTED FREE COMPUTERS/SMARTPHONES VIRTUAL CLASS SCHEDULE

安老自助處年長者網上智能手機/平板電腦班 (iPhone/ iPad/ Android)

Lớp học iPhone/iPad trực tuyến qua Zoom

Instructor 老師	Language 語言 Ngôn ngữ	Center 中心 Cơ sở	Time and Date 時間表 Lịch học	Level 程度 Trình độ (一切在上課教的內容是一樣，只是接近教的方法對每個學生的水平是有區別，所以有份程度)
Liang/梁老師	Mandarin/國語	WPA Virtual/ Zoom網課	Every Wednesday (每星期三): 9:00 AM - 11:00 AM	Mixed levels 無分級別
Liang/梁老師	Mandarin/國語	Virtual/ Zoom網課	Every Wednesday (每星期三): 3:30 PM - 5:00 PM	Mixed levels 無分級別
Liang/梁老師	Mandarin/國語	Virtual/ Zoom網課 (預留給安卓-Android系統)	Every Wednesday (每星期三): 1:00 PM - 3:00 PM	Intermediate 中班
YingWen/文老師	Cantonese/粵語	Virtual/ Zoom網課	Every Tuesday (每星期二): 1:10 PM - 2:30 PM	Intermediate 中班
YingWen/文老師	Cantonese/粵語	Virtual/ Zoom網課	Every Thursday (每星期四): 8:30 AM - 10:00 AM	Intermediate 中班
YingWen/文老師	Cantonese/粵語	Virtual/ Zoom網課	Every Thursday (每星期四): 10:00 AM - 12:00 PM	Intermediate 高班
YingWen/文老師	Cantonese/粵語	Virtual/ Zoom網課	Every Thursday (每星期四): 3:10 PM - 4:30 PM	Beginners 初班
Ringo/郭老師	Cantonese/粵語	Virtual/ Zoom網課	Every Monday (每星期一): 9:30 AM - 12:00 PM	Beginners 初班(滿)
Ringo/郭老師	Cantonese/粵語	Virtual/ Zoom網課	Every Tuesday (每星期二): 9:30 AM - 12:00 PM	Intermediate 中班(滿)
Ringo/郭老師	Cantonese/粵語	Lady Shaw Virtual/ Zoom網課	Every Friday (每星期五): 9:30 AM - 11:30 AM	Advanced 高班(滿)
Ringo/郭老師	Cantonese/粵語	West Portal Club Virtual/ Zoom網課	Every Friday (每星期五): 1:30 PM - 3:30 PM	Beginners 初班(滿)
John	English	Weekly virtual group class via Zoom	Every Tuesday: 1:00 PM - 3:00 PM	Mixed levels



For registration process using Chinese/English/Vietnamese, please contact 415-781-9919 (voicemail available)

登記報名 · 請聯絡 **415-781-9919** (可以留音)

Để biết thêm thông tin chi tiết của lớp học vì tính, xin liên lạc 415-781-9919 (có thể lưu thoại nếu máy bận)





需要導師解答您智能手機或平板電腦相關的問題嗎？

在家參加免費的網上電腦班學：

- 用微信
- 用電子郵件
- 安裝軟件
- 看網上視頻
- 網上購物
- 導航，查看地圖

SF Connected 是一個免費的計劃專為三藩市年滿六十歲或以上的長者居民提供服務。我們的導師會協助您解決智能手機或平板電腦相關的問題。

用微信掃一掃二維碼，即時報名參加免費課程。



關於上課方式

可以去到我們在舊金山不同地方的課程，或在家中通過ZOOM應用程式網上參加我們的免費電腦班。導師會在班上用粵語及國語授課。

報名或查詢

請致電 (415) 781-9919 留語或電郵

sfconnect@selfhelpelderly.org



Self-Help for the Elderly
安老自助處



SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

本計劃服務經費由三藩市殘障人士及長者服務局資助。