

**Not sure how to use
your smartphone or
tablet? We're here to
help!**

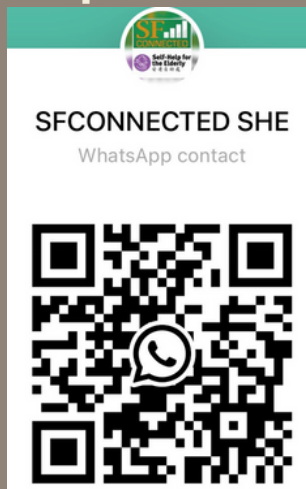


Do you have tech questions?

*Learn from your home by
joining our free tech classes!*

**SF Connected provides FREE
training. Our instructors are
here to help you with your
smart devices and questions.**

**“Scan WhatsApp QR
code for program
information and
enrollment.”**



Where

**You can join our free tech classes
either in person at various
locations throughout San
Francisco or online from home via
the Zoom app! Our instructors
speak English, Chinese (Cantonese
and Mandarin), Vietnamese,
Spanish, and Russian.**

HOW TO ENROLL

Call (415) 781 9919

or email

sfconnected@selfhelpelderly.org



**Self-Help for
the Elderly**
安老自助處



**SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability
and Aging Services**

**This program is made possible with a grant
from the City & County of San Francisco
Department of Disability & Aging Services.**

您需要解答智能手機或 平板電腦相關的問題嗎？



在家參加免費的網速電腦班學：

用微信
用電子郵件
安裝軟件
看網上視頻
網上購物
導航，查看地圖

SF Connected是一個免費的計劃專為三藩市年滿六十歲或以上的長者居民提供服務。我們的導師會協助您解決智能手機或平板電腦相關的問題。

用微信掃一掃二維碼，即時報名參加免費課程。



關於上課方式

可以去到我們在舊金山不同地方的課程，或在家中通過ZOOM應用程式網上參加我們的免費電腦班。導師會在班上用粵語及國語授課。

報名或查詢

請致電 (415) 781-9919
留言 或 電郵

sfconnected@selfhelpelderly.org



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本計劃服務經費由三藩市殘障人士及長者服務局資助。