



**Self-Help for  
the Elderly**  
安老自助處

Social Services Department

[selfhelpelderly.org](http://selfhelpelderly.org)

# Do you need help living at home?

The Multipurpose Senior Services Program (MSSP) offers free case management and supportive services to age 60 years or older frail Medi-Cal participants who are certifiable for nursing facility placement but wish to remain living in their home. We offer professional assessments and linkage to existing community resources and care coordination to prevent or delay institutional placement.

## Eligibility

- Aged 60 years and older
- Medi-Cal individuals
- Nursing Facility (NF) level of care
- Reside in San Francisco

## Referral/Enrollment Process

**MSSP (415) 369-2218**

**Social Services (415) 677-7585**

## Services Language

English. 廣東話 . 國語 . Tiếng Việt. Español. Русский. Tagalog



**Personal  
Care**



**Home  
Safety**



**Nutrition  
Meals**



**Transportation**



**Resource  
Connection**