



**Self-Help for
the Elderly**
安老自助處

SF CONNECTED FREE COMPUTERS/SMARTPHONES VIRTUAL CLASS SCHEDULE
安老自助處年長者網上智能手機/平板電腦班 (iPhone/ iPad/ Android)
Lớp học iPhone/iPad trực tuyến qua Zoom

Language 語言 Ngôn ngữ	Center 中心 Cơ sở	Time and Date 時間表 Lịch học	Level 程度 Trình độ (一切在上課教的內容是一樣, 只是接近教的方法對每個 學生的水平是有區別。所以有分程度)
Mandarin/國語	Virtual/ Zoom網課	Every Monday (每星期一): 9:30 AM - 11:30 AM	Beginners 初班
Mandarin/國語	WPA Virtual/ Zoom網課	Every Wednesday (每星期三): 9:00 AM - 11:00 AM	Advanced 高班
Mandarin/國語	Virtual/ Zoom網課	Every Wednesday (每星期三): 3:30 PM - 5:00 PM	Intermediate 中班
Mandarin/國語	Virtual/ Zoom網課 (預留給安卓-Android系統)	Every Wednesday (每星期三): 1:00 PM - 3:00 PM	Intermediate 中班
Cantonese/粵語	Virtual/ Zoom網課	Every Tuesday (每星期二): 1:10 PM - 2:10 PM	Intermediate 中班
Cantonese/粵語	Virtual/ Zoom網課	Every 2nd, 4th & 5th Tuesday (每月第2,4,5個星期二): 3:00 PM - 4:30 PM	Mixed levels 無分級別
Cantonese/粵語	Virtual/ Zoom網課	Every Thursday (每星期四): 9:00 AM - 10:30 AM	Intermediate 中班
Cantonese/粵語	Virtual/ Zoom網課	Every Thursday (每星期四): 10:30 AM - 12:00 PM	Advanced 高班
Cantonese/粵語	Windows Computer Class Virtual/ Zoom網課	Every Thursday (每星期四): 1:30 PM - 3:00 PM	Beginners 初班
Cantonese/粵語	Virtual/ Zoom網課	Every Thursday (每星期四): 3:25 PM - 4:45 PM	Beginners 初班
Cantonese/粵語	Virtual/ Zoom網課	Every Monday (每星期一): 9:30 AM - 11:30 PM	Beginners 初班(滿)
Cantonese/粵語	Virtual/ Zoom網課	Every Tuesday (每星期二): 9:30 AM - 11:30 PM	Intermediate 中班(滿)
Cantonese/粵語	Lady Shaw Virtual/ Zoom網課	Every Friday (每星期五): 9:30 AM - 11:30 AM	Advanced 高班(滿)
English	Weekly virtual group class via Zoom	Every Tuesday: 1:00 PM - 3:00 PM	Mixed levels



SFHSA
Department of Disability
and Aging Services

For registration process using Chinese/English/Vietnamese, please contact 415-781-9919 (voicemail available)

登記報名, 請聯絡 **415-781-9919** (可以留音)

Để biết thêm thông tin chi tiết của lớp học vi tính, xin liên lạc 415-781-9919 (có thể lưu thoại nếu máy bận)

